



**GROWTH  
MINDSET**

# WHAT DOES A GROWTH MINDSET MEAN?

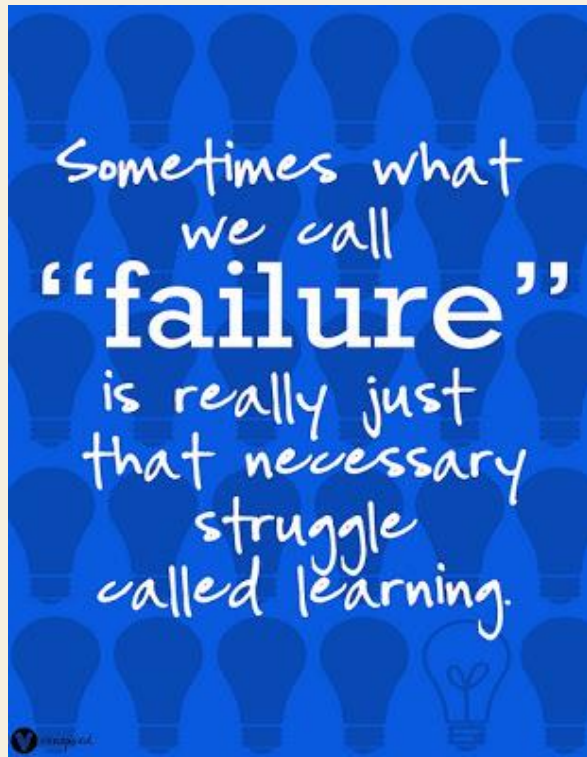
- When students and educators have a growth mindset, they understand that intelligence can be developed. Students focus on improvement instead of worrying about how smart they are. They work hard to learn more and get smarter. From research, we know that students who learn this mindset show greater motivation in school, better grades, and higher test scores.

# FIXED MINDSET

People with a fixed mindset may believe heredity, luck, and destiny has more to do with creating their future than effort.

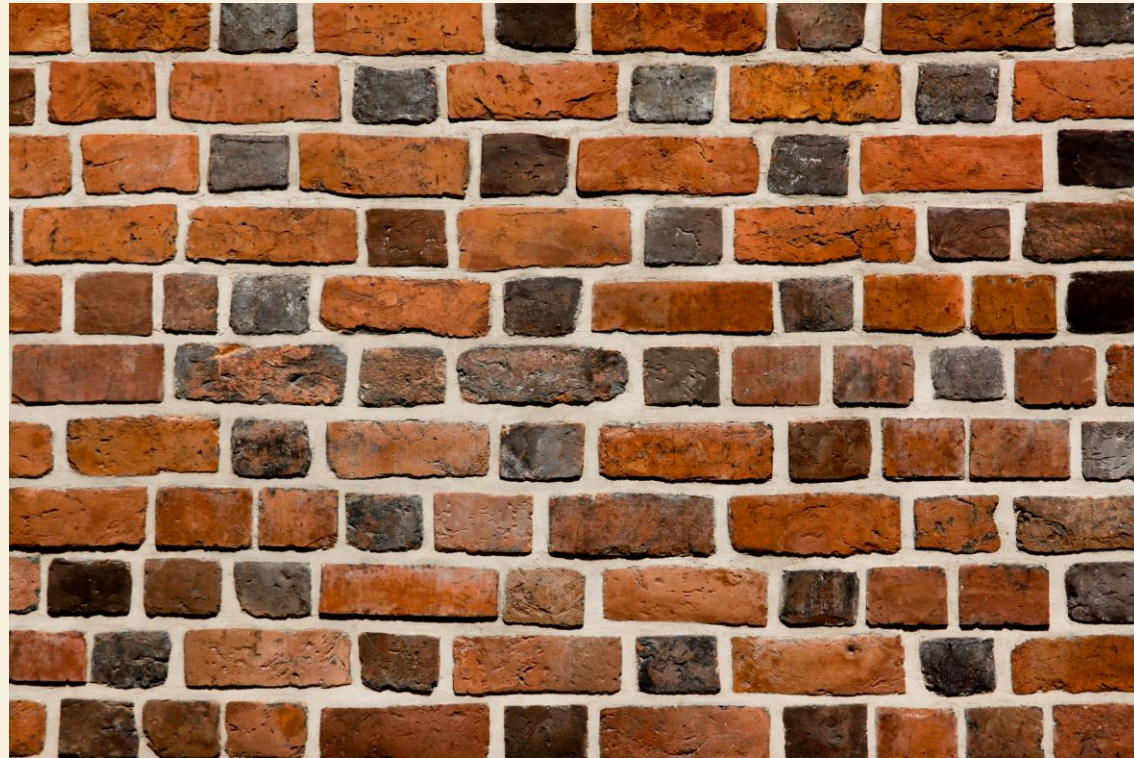
They tend to believe the future is something that happens to them.

**IT'S FAILING THE FIRST FEW TIMES  
THAT HELP US TO SUCCEED.....**



**'IT'S THE PREVIOUS 382  
ATTEMPTS THAT HELP  
YOU BE A NATURAL!'**

# HITTING THE WALL...



- “Along with history and maths, teaching character and resilience should be an essential part of every school's ambition.”
- “All too often the development of attributes associated with character and resilience - that is, the development of the pupil as a rounded individual - are neglected or, at best, given second billing.”

APPG Report Feb 2014

<http://www.bbc.co.uk/news/uk-26127515>

# ACCORDING TO CAROL DWECK AND OTHER EXPERTS IN THE FIELD:

## Having a growth mindset will:

- reinforce your optimism.
- strengthen your perseverance.
- help you thrive during challenging times.
- reinforce your belief that you can change and grow.
- boost your tenacity and effort.
- strengthen your resilience.
- solidify your determination and effort  
to be reliable and fully committed.
- stiffen your resolve when faced with setbacks

# GRIT VIDEO

Grit defined:

‘Courage and resolve; strength of character’



# OUR GROWTH MINDSET MANTRA

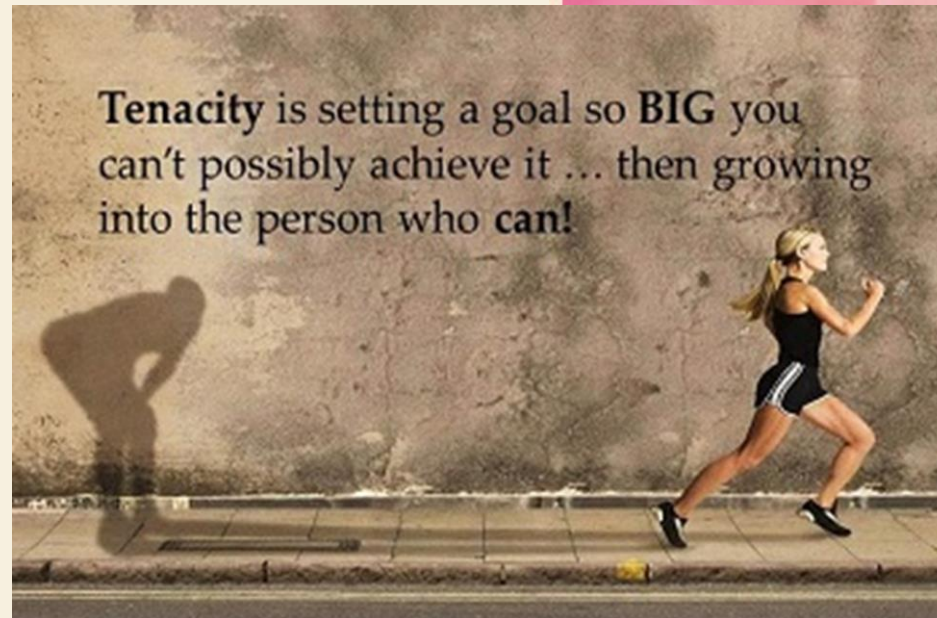
- Challenge
- Hard work
- Ambition
- Resilience
- Lifelong learners
- Tenacity
- Optimism
- Never give up

## Resilience

*Bouncing back from problems and stuff with more power and more smarts.*

*—15-year-old high school student*

**Tenacity** is setting a goal so **BIG** you can't possibly achieve it ... then growing into the person who can!




In a **growth mindset**, people believe that their most basic abilities can be developed through dedication and hard work—brains and talent are just the starting point. This view **creates a love of learning and a resilience that is essential for great accomplishment.**

**PRACTICE**  
makes  
**PROGRESS,**  
**NOT**  
**PERFECT.**

Don't let  
▶ *failure*  
be an ending.  
Make it a  
beginning.

venaspired.com



Don't worry about failures, worry about the chances you miss when you don't even try.

-Jack Canfield-

'All things good to know are difficult to learn'



"It's not that I'm so smart; it's just that I stay with problems longer." ~Albert Einstein



LEARNING: the ultimate game where you never run out of levels